

# April 2020

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## Wichita, KS Metro Area Meetings of Alcoholics Anonymous including District 19

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### *Singleness of Purpose*

There are those who predict that A.A. may well become a new spearhead for a spiritual awakening throughout the world. When our friends say these things, they are both generous and sincere. But we of A.A. must reflect that such a tribute and such a prophecy could well prove to be a heady drink for most of us - that is, if we really came to believe this to be the real purpose of A.A., and if we commenced to behave accordingly.

Our Society, therefore, will prudently cleave to its single purpose: the carrying of the message to the alcoholic who still suffers. Let us resist the proud assumption that since God has enabled us to do well in one area, we are destined to be a channel of saving grace for everybody.

pg. 232 A.A. Comes of Age

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## GOD,

Grant me the

### Serenity

to accept the things

I cannot change,

### Courage

to change the things I can,

and **Wisdom**

to know the difference.

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**Wichita Area Central Office  
2812 E English, Wichita, KS 67211**

24 Hour Hotline: (316) 684-3661

Website: [www.aawichita.org](http://www.aawichita.org)

**Call or see website for latest Temporary closures and changes**

Office Hours: **Saturday 9am to 3pm**

**Wednesday 3pm to 6pm**

eMail: [info@aawichita.org](mailto:info@aawichita.org)

For an A.A. Message of the Day, call: (316)266-7726

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## **Please note!**

**(C) “Closed Meeting”**— is a meeting to be attended by alcoholics only. This may include troubled persons who are attempting to determine if they have a drinking problem and if they should become members of our fellowship.

**(O) “Open meeting”**— literally means that it is open to any person who wishes to attend. We are accustomed to seeing non-alcoholic spouses of A.A. members and other close relatives and friends at these meetings. However, other interested persons such as social workers, clergymen, physicians, jurists, students, journalists, etc., have been known to attend open meetings, and this is permissible by definition.

## **The sole purpose of Alcoholics Anonymous is to help the alcoholic who wants to stop drinking**

A.A. works primarily through local Groups. Each A.A. Group is independent. These groups meet at specific locations and times for the purpose of discussing problems relating to alcoholism and how to overcome them.

These meetings provide fellowship and understanding.

There are A.A. meetings every day of the week, including Sundays and Holidays. Groups listed in this meeting directory are listed at their own request.

**This directory is published for the sole purpose of locating A.A. meetings, and is not to be used for any other purpose whatsoever.**

## **A.A. IS NOT...**

A RELIGIOUS MOVEMENT  
A TEMPERANCE MOVEMENT  
A SOCIAL SERVICE AGENCY

(It has no paid social workers or professional field workers)

AN EDUCATIONAL AGENCY  
A CURE OR A “CURE ALL”  
AN EMPLOYMENT AGENCY

## **A.A. DOES NOT...**

FURNISH INITIAL MOTIVATION FOR ALCOHOLICS TO RECOVER

KEEP ATTENDANCE RECORDS OR CASE HISTORIES

JOIN COUNCILS OR SOCIAL AGENCIES

RUN HOSPITALS, REST HOMES, CLUBHOUSES OR OUTSIDE ENTERPRISES

PRESCRIBE TREATMENT FOR ALCOHOLICS

PAY FOR TREATMENT FOR ALCOHOLICS

PROVIDE LETTERS OF REFERENCE TO PAROLE BOARDS, LAWYERS, OR COURT OFFICIALS

SOLICIT OR ACCEPT FUNDS FROM OUTSIDE SOURCES—

VOLUNTARY CONTRIBUTIONS FROM A.A. MEMBERS AND GROUPS SUPPORT A.A. SERVICES

**ABBREVIATIONS USED IN THIS SCHEDULE**

**\* - NON SMOKING MEETING**

SP - SPEAKER MEETING  
 B - BIG BOOK MEETING  
 S - STEP MEETING  
 TR - TRADITIONS MEETING  
 W - WOMENS MEETING  
 M - MENS MEETING  
 YP - YOUNG PEOPLES MEETING

GV - GRAPEVINE  
 BEG - BEGINNERS MEETING  
 DR - DAILY REFLECTIONS  
 CTB - CAME TO BELIEVE  
 LS - LIVING SOBER  
 AB - AS BILL SEES IT  
 LGBT - LESBIAN,GAY,BISEXUAL,TRANSGENDER

**MEETINGS WITH NO OTHER DESIGNATION ARE USUALLY DISCUSSION/TOPIC MEETINGS**

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**WICHITA MEETINGS IN ALPHABETICAL ORDER**

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**BACK TO BASICS GROUP** **South Entrance—1st doors to the right**  
 7601 E 13th—(REFORMATION LUTHERAN CHURCH)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>B-7:00PM*</b>					

**BEGINNERS GROUP** **Tuesday 7pm and Saturday 8pm meetings**  
 204 W 18th St at the **101 Club-2201 E 101st N.** (855-1011)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>O,S-9:00AM*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	
<b>O,B-7:00PM*</b>		<b>O-7:15PM*</b> <sup>101 CLUB</sup>		<b>O,W-6:30PM*</b>		
	<b>O-8:00PM*</b>	<b>O-8:00PM*</b>	<b>O-8:00PM*</b>	<b>O-8:00PM*</b>	<b>O-8:00PM*</b>	<b>O-8:00PM*</b> <sup>101 CLUB</sup>

**COLLEGE HILL GROUP** (Handicapped accessible) **Enter School though farthest north door on Quentin**  
 3810 E DOUGLAS (BLESSED SACRAMENT SCHOOL)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>O-7:30PM*</b>				

**COMMON GROUND GROUP**  
 2812 E DOUGLAS 295-4783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>O-7:00PM*</b>

**EASTSIDE GROUP** 683-3373  
 2626 S ROCK RD Suite 104

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>O-11:00AM*</b>				<b>O-NOON*</b>		<b>C,M-8:00AM*</b>
	<b>O-5:30PM*</b>	<b>O-5:30PM*</b>	<b>O-5:30PM*</b>	<b>O-5:30PM*</b>	<b>O-5:30PM*</b>	<b>C,W-9:30AM*</b>
<b>C-8:00PM*</b>	<b>O-8:00PM*</b>	<b>BEG-8:00PM*</b>	<b>C-8:00PM*</b>		<b>O-8:00PM*</b>	<b>O-5:30PM*</b>

**11TH HOUR GROUP** 681-2533 **Dinner at 8pm following Friday Meeting**  
 937 S BLUFFVIEW

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>O-7:00PM*</b>



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**GRUPO LA ULTIMA MILLA (SPANISH SPEAKING)**

2150 N MARKET

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
O-10:00AM						O-10:00AM
O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM

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**GRUPO 3ra TRADICION (SPANISH SPEAKING) 871-1599**

3620 E SUNNYBROOK Ste C

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
O-10:00AM						O-NOON
O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM

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**GRUPO UN DIA a LA VEZ (SPANISH SPEAKING) 209-2869**

1931 S SENECA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM	O-8:00PM

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**HAPPY, JOYOUS & FREE GROUP**

2812 E DOUGLAS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>O,W-7:00PM*</b>					

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**METROPOLITAN GROUP 265-6761 (handicapped accessible) Birthday Meeting Last Friday of Month 8:00pm\* Speaker Second Saturday of Odd # Month 8:00pm\***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>O-11:00AM*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>	<b>O,W-10:00AM*</b>
<b>O,Beg,B 2:00pm*</b>						<b>O-NOON*</b>
<b>O-5:30PM*</b>	<b>O-5:30PM*</b>	<b>O-S-5:30PM*</b>	<b>O-5:30PM*</b>	<b>O,LS-5:30PM*</b>	<b>O-B-5:30PM*</b>	<b>O-5:30PM*</b>
						<b>O,B-8:00PM*</b>

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**NEWCOMERS GROUP 841-7395 (handicapped accessible) Birthdays Fourth Saturday of month at 8:00pm\***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>O-11:00AM*</b>	<b>O-NOON*</b>		<b>O-NOON*</b>		<b>O-NOON*</b>	<b>O-NOON*</b>
		<b>O-6:30PM*</b>		<b>O-6:30PM*</b>		
	<b>B-8:00PM*</b>		<b>GV-8:00PM*</b>		<b>O-8:00PM*</b>	<b>O-8:00PM*</b>

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**#1 LUNCH GROUP**

120 N ASH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>O-NOON*</b>			

<b>NEW LIFE GROUP</b>			<b>Birthdays Last Saturday of month at 8:00pm*</b>			
1611 S ROANOKE—DOOR MARKED V.I.P.			<b>Speaker Mtg. 2nd Saturday of month at 8:00pm*</b>			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>O-6:00AM*</b>	<b>O-6:00AM*</b>	<b>O-6:00AM*</b>	<b>O-6:00AM*</b>	<b>O-6:00AM*</b>	
<b>C-8:30AM*</b>	<b>C-8:30AM*</b>	<b>C-8:30AM*</b>	<b>C-8:30AM*</b>	<b>C-8:30AM*</b>	<b>C-8:30AM*</b>	<b>C-8:30AM*</b>
<b>O-11:00AM*</b>	<b>C-NOON*</b>	<b>C-NOON*</b>	<b>C-NOON*</b>	<b>C-NOON*</b>	<b>C-NOON*</b>	<b>O-12:15PM*</b>
	<b>C-5:30PM*</b>	<b>C-5:30PM*</b>	<b>C-5:30PM*</b>	<b>C-5:30PM*</b>	<b>C-5:30PM*</b>	<b>O,YP-5:30PM*</b>
<b>C,M-6:00PM*</b>		<b>C,W-6:45PM*</b>				
<b>O-8:00PM*</b>	<b>C-8:00PM*</b>	<b>C-8:00PM*</b>	<b>C-8:00PM*</b>	<b>C-8:00PM*</b>	<b>C-8:00PM*</b>	<b>O-8:00PM*</b>

<b>NORTHROCK GROUP</b>		640-1471				
7404 KILLARNEY—ST STEPHENS EPISCOPAL CHURCH (ENTER SOUTH SIDE)		<b>(handicapped accessible)</b>				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>O-6:45AM*</b>	<b>O-6:45AM*</b>	<b>O-6:45AM*</b>		
<b>S-2:00PM*</b>	<b>O-12:10PM*</b>	<b>O-12:10PM*</b>	<b>O-12:10PM*</b>	<b>O-12:10PM*</b>	<b>O-12:10PM*</b>	<b>O,B-11:00AM*</b>

<b>O.D.A.A.T. GROUP</b>						
156 S KANSAS—MCC CHURCH (THROUGH SIDE DOOR ON ENGLISH)						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>O,LGBT-8:00PM*</b>		

<b>PARKLANE GROUP</b>		682-9960		<b>Birthdays Last Sunday at 7pm*</b>		
1060 S OLIVER		<b>(handicapped accessible)</b>				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>O-NOON*</b>	<b>O,S-NOON*</b>	<b>C-NOON*</b>	<b>O-NOON*</b>	<b>O,B-NOON*</b>	<b>O-NOON*</b>	<b>O-NOON*</b>
<b>O-2:30PM*</b>	<b>O-2:30PM*</b>	<b>O-2:30PM*</b>	<b>C-2:30PM*</b>	<b>O-2:30PM*</b>	<b>O-2:30PM*</b>	<b>O,LS-4:00PM*</b>
<b>O,B-5:30PM*</b>	<b>O,S-5:30PM*</b>	<b>O-5:30PM*</b>	<b>O,B-5:30PM*</b>	<b>O-5:30PM*</b>	<b>C-5:30PM*</b>	<b>O-5:30PM*</b>
<b>O,SP-7:00PM*</b>	<b>O,TR-7:00PM*</b>	<b>O,S-7:00PM*</b>	<b>O-7:00PM*</b>	<b>O,GV-7:00PM*</b>	<b>O-7:00PM*</b>	<b>O,AB-7:00PM*</b>

<b>RENEWELL GROUP</b>		722-9859		<b>(handicapped accessible)</b>		
7369 W CENTRAL—S. SIDE OF CENTRAL HEIGHTS SHOPPING CTR						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>O,DR-6:30AM*</b>	<b>O,DR-6:30AM*</b>	<b>O,DR-6:30AM*</b>	<b>O,DR-6:30AM*</b>	<b>O,DR-6:30AM*</b>	<b>O,DR-8:00AM*</b>
<b>O,DR-11:00AM*</b>	<b>O,DR-NOON*</b>	<b>C,S-NOON*</b>	<b>O,TR-NOON*</b>	<b>C,B-NOON*</b>	<b>O,S-NOON*</b>	<b>O,GV-11:00AM*</b>
<b>O,LS-4:00PM*</b>	<b>O,TR-5:30PM*</b>	<b>C,S-5:30PM*</b>	<b>C,B-5:30PM*</b>	<b>O,DR-5:30PM*</b>	<b>O,AB-5:30PM*</b>	<b>O,CTB-4:00PM*</b>
	<b>O,W-6:45PM*</b>		<b>O,BEG-6:45PM*</b>			<b>O,BEG-6:00PM*</b>
<b>C,B-8:00PM*</b>	<b>C,S-8:00PM*</b>	<b>O,GV-8:00PM*</b>	<b>O,LS-8:00PM*</b>	<b>C,B-8:00PM*</b>	<b>O,SP-8:00PM*</b>	<b>O,8:00PM*</b>
						<b>O,SP-9:30PM*</b>

<b>SATURDAY MORNING WOMEN'S GROUP</b>						
120 N ASH						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>O,W-10:30AM*</b>

**T.G.I.F.** no phone  
730 N Waco

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>O-NOON*</b>	

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**THURSDAY AFTERNOON LADIES GROUP**

202 N CLIFTON—PLYMOUTH CONGREGATIONAL CHURCH—TURNER ROOM (2nd FLOOR)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>C,W-1:30PM*</b>		

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**TRADITIONS GROUP**

12626 E 21ST—CHURCH OF THE MAGDELEN—THROUGH FRONT DOOR TO THE ST. JOSEPH ROOM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>C-7:30PM*</b>		<b>C-7:30PM*</b>		

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**TRUDGERS GROUP**

1786 S SENECA

833-2023

**Speaker Mtg. 1st Friday of month at 8:00pm\* - Pot Luck at 7:00**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>O-M-3:00PM*</b>					<b>O-NOON*</b>	<b>O-NOON*</b>
<b>O-5:00PM*</b>	<b>O-6:00PM*</b>		<b>O-W-6:00PM*</b>	<b>O-6:00PM*</b>		<b>O-5:00PM*</b>
	<b>O-7:30PM*</b>	<b>O-7:30PM*</b>	<b>O-7:30PM*</b>	<b>O-7:30PM*</b>	Except First Friday <b>O-7:30PM*</b>	

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**U.I.R. GROUP**

1101 S GLENN

262-9427

**(handicapped accessible)**

**Birthdays Last Saturday of month at 7:00pm\***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>O-10:00AM*</b>	<b>O-10:00AM*</b>	<b>O-10:00AM*</b>	<b>O-10:00AM*</b>	<b>O,Beg-10:00AM</b>	<b>O-10:00AM*</b>
				<b>O,W,B-5:45PM*</b>		
<b>O-7:00PM*</b>	<b>O-7:00PM*</b>	<b>O-7:00PM*</b>	<b>O-7:00PM*</b>	<b>O-7:00PM*</b>	<b>O-7:00PM*</b>	<b>O-7:00PM*</b>

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**WANDERERS MENS GROUP**

267-5799

CHRIST THE KING CHURCH— 4411 W MAPLE —CHARITY HALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>OM-7:00PM*</b>				

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**WESTSIDE GROUP**

1101 S GLENN

262-9427

**(handicapped accessible)**

**Birthdays Last Saturday of month at 7:00pm\***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
O-11:00AM	O,AB-NOON	<b>O,B-NOON*</b>	O,GV-NOON	<b>O,S-NOON*</b>		<b>O-7:00PM*</b>

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**WINNERS GROUP**

541 N HOOVER RD

944-0120

**Saturday 8pm Campfire - weather permitting  
Brunch 9:30am\* Sunday**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
O-1:00PM	O,AB-NOON	<b>O-NOON*</b>	<b>O-B-NOON*</b>	<b>O-NOON*</b>	<b>O-S-NOON*</b>	<b>C,M-8:30AM*</b>
	O-5:30PM	O-5:30PM	O-B-5:30PM	O-5:30PM	O-5:30PM	
O,GV-8:00PM	O-8:00PM	O-8:15PM	O-8:00PM	<b>O-8:00PM*</b>	BDAY-8:00PM	C-8:00PM

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**WOMENS SERENITY GROUP** 616-5573  
RIVERWALK CHURCH of CHRIST—225 N WACO —ENTER SOUTH DOOR ON WEST SIDE OF BLDG.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>O,W-6:30PM*</b>		

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**ADDITIONAL MEETINGS IN DISTRICT 19**  
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**ANDALE**

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<b>ANDALE GROUP</b>		(316)650-0469		<b>304 N Main</b>		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	C-8:00PM				O-8:00PM	

**ANDOVER**

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<b>HOPE GROUP</b>		(316)733-9131		<b>1831 E 21st—Hope Community Church</b>		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		O-7:30PM				

**CLEARWATER**

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<b>CLEARWATER GROUP</b>		(620)584-2332		<b>921 Janet Ave—Community Center</b>		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>O-7:30PM*</b>				

**DERBY**

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<b>EL-PASO GROUP</b>	(316)788-1507		<b>431 S Woodlawn—United Methodist Church, enter W side near gazebo</b>			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>O,B-8:00PM*</b>	<b>O-8:00PM*</b>			<b>O-8:00PM*</b>		

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<b>DERBY MORNING GROUP</b>				<b>2300 E Meadowlark, Rm 114—St Mary Catholic Parish</b>		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>O-9:30AM*</b>		<b>C-9:30AM*</b>			

**GARDEN PLAIN**

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<b>SAINT MARY'S WHEATFIELD GROUP</b>				<b>25741 W 13th—St Mary's Church, 1/2 mile W of 247th on 13th</b>		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>O,B-8:00PM*</b>		<b>O-8:00PM*</b>		



## GODDARD

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### GODDARD GROUP

122 N Main—Community Building

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			O-8:00PM*			

## HAYSVILLE

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### HAYSVILLE GROUP

7530 S Broadway

Birthdays last Friday (Open-7:30)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	C-7:30PM		C-7:30PM		C-7:30PM	

## MULVANE

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**MULVANE GROUP** (316)200-6613 (Handicapped Accessible) 812 N Charles Ave

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	C,LIT-7:00PM*		O-6:30PM	O-7:00PM*		O-8:30AM*

## VALLEY CENTER

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### BEGINNERS GROUP

(316)755-1011

2206 E 101st St N—101 CLUB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		O-7:15PM*				O-8:00PM*

## A.A. Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership; we are self supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

-A.A. GRAPEVINE

# HOW IT WORKS

Reprinted from the book Alcoholics Anonymous®  
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Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it—then you are ready to take certain steps.

At some of these we balked. We thought we could find an easier, softer way. But we could not. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.

Remember that we deal with alcohol—cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power—that One is God. May you find Him now!

Half measures availed us nothing. We stood at the turning point. We asked His protection and care with complete abandon.

Here are the steps we took, which are suggested as a program of recovery:

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Many of us exclaimed, “What an order! I can’t go through with it.” Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection.

Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three pertinent ideas:

- (a) That we were alcoholic and could not manage our own lives.
- (b) That probably no human power could have relieved our alcoholism.
- (c) That God could and would if He were sought.

# THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS

(SHORT FORM)

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

# CENTRAL OFFICE BULLETIN BOARD

## DISTRICT 19 GSR MEETING

*Any AA's interested in Service are Welcome*  
1st Wednesday of each month At 6:30pm  
Westside/UIR Group 1101 S Glenn  
Contact your DCM @ d19wichita@gmail.com

## DISTRICT 19 SERVICE COMMITTEE MEETINGS

**CORRECTIONAL FACILITIES** 3rd Tuesday of each month  
Central Office—7:00PM

**ARCHIVES COMMITTEE** 1st Wednesday of each month  
Westside Group—6:00PM

**GRAPEVINE/LA VINA COMMITTEE** 1st Wednesday of each month  
Westside Group—6:00PM

**LITERATURE COMMITTEE** 1st Wednesday of each month  
Westside Group—5:30PM

**PUBLIC INFO./C.P.C. COMMITTEE** 1st Wednesday of each month  
Westside Group—6:00PM

**TREATMENT FACILITIES COMMITTEE** Last Sunday of each month  
Central Office—1:00PM

**ACCESSIBILITIES COMMITTEE** 1st Wednesday of each month  
Westside Group—6:00PM

## ROUNDUP COMMITTEE MEETINGS

**SPRING ROUND UP COMMITTEE** 2nd Wednesday of each month  
Central Office—6:00PM

**FALL ROUND-UP COMMITTEE** 2nd Tuesday of each month  
Central Office—5:30PM

## CENTRAL OFFICE SERVICE COMMITTEE MEETINGS

**CENTRAL OFFICE REPS** Last Wednesday of each month  
Central Office—6:00PM

**CENTRAL OFFICE BOARD of DIRECTORS** 2nd Thursday of each month  
Central Office—6:00PM

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**ALCOHOLICS ANONYMOUS TELEPHONE MEETINGS**  
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**HOPE AT HOME**

**Monday 8:00pm**

Dial (712)770-4010

Access Code: 688-992

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